July 2023







There has been a definite buzz in the air & a lot of excitement around the launch of our new menu. It is finally here!

We hope you enjoy trying out all of the new options & working out which items are your new favourites. Amongst the new things on offer are five new desserts from Gourmet Meals (first column on the right) & some new offerings from our very own Ben's Café (second column).

As always, please pass any feedback on to Lisa or Lauren in the office on 4759 2811.

Thank you to everyone who returned their Client Satisfaction Surveys. Over the next few months we thought we would share snippets of the results with you. This is how you rated the quality of our service:



You also said:

'Friendly and excellent staff' 'Always ready to listen' 'Not only is the quality good but the flavour of some meals is certainly worth mentioning'

If you have a meal order to give us, please do not send it in the 'snail mail'. Sometimes the mail doesn't



get to us until after your delivery day! If you don't hand your order in to our friendly volunteers, please just give us a call on 4759 2811 & read your order to us over the phone!



Berry crumble w/custard



Chocolate mousse



Lemon cheesecake mousse



Rice pudding



Tiramisu



Chicken & tarragon pie



Mediterranean pasta salad



Berry muffin



Chocolate brownie



u Orange & poppyseed cake





Carol Henry sent this photo in showing the four of them, all 'ten pound Poms', enjoying lunch together at our

Springwood restaurant. She said it was such a wonderful experience to share lunch

& a chat lots of memories for them all to share!



All you need to do is solve the 7 clues by matching together the

-TEN

POUND

POM

tiles on the				
right to make <i>7 Little Words!</i> Remember you can only use each tile	SLAP	STS	MAL	RE
	LFL	ООТ	ABLY	BAND
	DEFO	САМ	ENT	PT
once.	DASH	EVOL	SLY	IC
Good luck!	ERAS	SE	ES	ACCE

Last month's answers

- Excessive in nature: **OBSESSIVE**
- Employers: HIRERS
- Circular: **RINGLIKE**
- Particle removers: DUSTERS
- Mobile, to an American: CELLPHONE
- Teachers' refuge: STAFFROOM
- Making a choice: SELECTING

PUZZLER! Clues...

- Just thrown together (8 letters)
- Wishing harm on others (10 letters)
- In a satisfactory manner (10 letters)
- Cuts down trees (9 letters)
- Small marsupial (9 letters)
- Picture takers (7 letters)
- Altruistically (10 letters)
- Answers in next month's newsletter!

Blue Mountains Food Services

www.bmfs.org.au

(02) 4759 2811

admin@bmfs.org.au

25 Livingstone Street, Lawson NSW 2783 | PO Box 214 Hazelbrook NSW 2779 | ABN: 91 530 248 271